



# Clubs & Activities

In addition to the daily curriculum, Princeton Montessori School offers many choices of enriching activities. Choose from Clubs, Music Lessons, or On-Site Activities. All of these offerings provide an engaging experience for children and are in line with the key tenets of Montessori education. Detailed descriptions of each, as well as cost information, are on the back of this flyer.

→ **Clubs** provide creative, age-appropriate enrichment opportunities for students enrolled in third year Primary through Middle School. \*Clubs meet weekly from September through May, except for BookEnds and “First Friday” social club, which each meet six times throughout the year.  
[Click here to register for clubs.](#)

→ **Music Lessons** Weekly music lessons are offered in Piano, Suzuki Violin, and Guitar. Lesson length is either 30, 45 or 60 minutes. Time and day of lessons are scheduled according to availability. Violin and piano lessons are offered to students in Primary through Middle School. Guitar lessons are offered to students in Elementary and Middle School.  
[Click here to register for music lessons.](#)

→ **On-Site Activities** are hosted by outside organizations and classes are held at Princeton Montessori School. Reference the links below for more information and registration details.

[Firefly Tennis Program](#) provides high-quality, personalized tennis experiences for children ages 3-8 years that also teaches social skills. All classes are 45 minutes long. (Classes are held indoors.)

[Music Together](#) Classes are held for children from infants to age four in which parents or caregivers actively participate. Music Together offers children and grown-ups the opportunity to joyfully share songs, rhymes, movement, and instrument play, both in music class and in their daily lives.

[JW Actors Studio](#) offers Saturday group lessons in acting, improvisation, comedy, voice-over and public speaking for ages 8-14.

**Ages** Clubs, music instruction and on-site lessons are developmentally appropriate for the following age groupings:

- Infant / Toddler
- Primary-1st/2nd Level
- Primary-3rd Level
- LE-1st Grade
- LE-2nd Grade
- UE-3rd/4th Grade
- UE-5th Grade
- Middle School

	Monday	Tuesday	Wednesday	Thursday	Friday	
AFTER-SCHOOL CLUBS	AM 7:30-8:15				BOKs™ Morning Fitness ● ● ● ● ●	
	PM 3:00-4:00	Science Seeds - Mon ● ●	Art & Nature ● ● ● ● ●	Science Seeds - Wed ● ● ●	Chess ● ● ● ● ●	Chinese Language ● ● ● ● ●
		French Language & Culture ● ● ● ● ●	Tae Kwon Do ● ●	Ukulele ● ●	Creative Paper & Art ● ●	Sports Club ● ●
	PM 4:00-5:00		Rock Band ●	Basketball ●	Debate ● ●	“First Friday” Social* 4:00-7:00 PM ●
	PM 6:30-8:00				BookEnds* ● ●	

MUSIC LESSONS	Piano	Lessons may be scheduled between 12:00 - 6:00 PM Mon - Fri ● ● ● ● ● ● ● ●			
	Violin	Lessons may be scheduled between 12:00 - 6:00 PM Mon - Fri (Thursday is a required group lesson.) ● ● ● ● ● ● ● ● ● ●			
	Guitar			Lessons may be scheduled between 4:00 - 6:00 PM on Wed or Thu ● ● ● ● ● ●	

ON-SITE ACTIVITIES	Firefly Tennis	Lessons may be scheduled between 2:30 - 6:00 PM Mon - Fri ● ● ● ● ● ●
	Music Together	Registration will open in mid-August. ● ●
	JW Actors Studio	Acting classes offered Saturday between 11:00 AM - 6:00 PM ● ● ●

# Music Lessons

Research has found that learning music facilitates learning in other subjects and enhances skills that children inevitably use in other areas. Making music involves more than the voice or fingers playing an instrument; a child learning about music has to tap into multiple skill sets, often simultaneously. In addition to a robust music curriculum within each program, Princeton Montessori School offers weekly lessons in violin, piano, and guitar for either 30, 45 or 60-minute sessions throughout the year. Violin and piano lessons are offered to students in Primary through Middle School. Guitar lessons are offered to students in Elementary and Middle School. There are annual recitals as well as various performance opportunities throughout the year.

## REGISTER FOR MUSIC LESSONS

**Scheduling:** Fall music lessons begin the week of September 11, 2017, and include 30 lessons. Music lessons are only scheduled for regular school days, not Additional Days.

Time and day of lessons are scheduled according to availability. All other registrations will be considered based on availability. Primary students may begin their lesson from 12:00 onwards; Elementary students from 2:30 onwards; and, Middle School students from 4:00 onwards. The first wave of consideration for schedule confirmation will be determined in late August.

**Fees:** 30-minute lesson \$1,500; 45-minute lesson \$2,000; 60-minute lesson \$2,225. Violin weekly group lesson \$500 (required). Music fees are billed to your TADs account.

Students who are not enrolled in the after-school program may enroll for the one day in which they need to stay for their lesson. The cost is \$300 for the year. Parents also have the option to enroll siblings in the after-school program on those days where music lessons occur. For siblings, the after-school yearly fee is \$500 per day for each child. You may sign up for after-school sibling care on the music registration form. All fees are billed to your TADs account.

## Violin Lessons

Violin lessons are offered for students beginning in Primary and continuing through Middle School, using the popular and effective Suzuki method. Dr. Suzuki taught that every child has the innate capacity to become a talented musician in a process analogous to language acquisition.

Students are mentored through the Suzuki repertoire in a weekly individual lesson and a group lesson. Parents of Primary and beginner Elementary students are expected to attend the last five minutes of their child's individual violin lesson. Group lessons are required for all violin students and are held weekly on Thursdays. Students will practice starting and stopping together, playing in tempo, and performing solos for each other.

More information will be available during the evening orientation meeting held on October 19, 2017, for families who are new to the violin program. Suzuki violin lessons are taught by Toyoko Kitade.

## Piano Lessons

Piano lessons are offered to students beginning in Primary and continuing through Middle School. Piano instruction is based on the idea that every child has musical potential and all children can learn to express themselves musically. Piano students begin by learning basic skills and progress to learning scales, music theory, and performance techniques. Lessons are designed around the individual child's readiness and are supplemented when necessary, which provides a learning track of success for each student. Piano lessons are taught by Sue Ellen Miller.

## Guitar Lessons

Guitar lessons are offered to students in Elementary through Middle School and focus on the basic building blocks of guitar instruction including proper playing technique, basic chord progressions, familiar beginner melodies and reading music. As students begin to master the basics, there will be an increased emphasis on listening, keeping a steady rhythm, playing with others and learning how to make the guitar a practical instrument for everyday playing. Guitar lessons are taught by Alex Mitnick.

# On-Site Activities

The lessons below are hosted by outside organizations and classes are held here at Princeton Montessori School. Please reference their links provided below to access more information and registration details.



[Firefly Tennis - Click Here!](#)

Tennis experience for children ages 3-8 enabling children to play to learn, rather than learning to play. All equipment is child-sized and provided. Small-group lessons are offered after school and are held in one of our two spacious gyms. Private or semi-private lessons are also available.



[Music Together - Click Here!](#)

A research-based, developmentally appropriate early childhood music curriculum that strongly emphasizes adult involvement. Lessons for Babies (0-12 mos) or Mixed Ages (ages 1-4) are offered on Monday or Wednesday mornings. The fall schedule will be posted on the Music Together website in August.



[JW Actors Studio - Click Here!](#)

Group classes are offered for ages 8-14 in recreational and professional training in acting, improvisation, comedy, voice-over and public speaking. Lessons are on Saturdays in Crescendo.

# Club Details

Clubs provide creative, age-appropriate enrichment opportunities for students enrolled in third year Primary through Middle School. Each club is designed to offer an engaging experience and provide opportunities for growth outside the classroom, and is taught within the framework of Montessori philosophy.

Clubs meet weekly beginning September 18, 2017 and run through the week of May 14, 2018. BookEnds and "First Friday" social club each meet six times throughout the year.

Weekly participation is expected for the entire session and students are excused for illness only. The club instructors request that parents schedule all appointments and activities after the club time or on another day of the week. Students enrolled in the after-school program will join the after-school program following their club activity.

A minimum enrollment of five students is required by the enrollment deadline to run each club. Clubs will close once the maximum number of students for each club is reached.

## REGISTER FOR CLUBS

**Fees:** Club fees vary. Refer to each club's detail below for club fees.

Families enrolled in the after-school program have the club fees waived for participation in up to two clubs per week (exceptions apply - see details in club descriptions below). Parents may enroll siblings who are not in a club in the after-school program until 4:00 PM on club days. For siblings, the after-school yearly fee is \$500 per club day for each child. You may sign up for sibling care on the club registration form.

Club fees are for the full year (Sept - May) except for Science Seeds, which is billed by trimester. The club fees will be billed to your family's TADs account, except where noted. Club fees are non-refundable.

## MONDAY

### Science Seeds

*Mondays, 3:00-4:00 PM, Upper Elem (Grades 3-5)*

Science Seeds is delighted to bring S.T.E.A.M & Maker Programs to Princeton Montessori School! Founded in 2008, Science Seeds is a science enrichment program that seeks to motivate and engage young minds, encourage out-of-the-box thinking and promote the natural acquisition of a scientific vocabulary. This club runs year-long and is split into three trimesters, consisting of Intro to Electronics (fall), Fun with Robotics (winter), and Computer Animation (spring). Families may register for one trimester, two, or all three. Instructor: Michal Melamed of Science Seeds, Inc.

*Cost: \$235-285 per student per trimester; costs vary by trimester. All materials are included in the fees. Registration is made directly through the [Science Seeds website](#).*

### French Language & Culture

*Mondays, 3:00-4:00 PM, Lower & Upper Elem (Grades 1-5)*

Comment allez-vous? Students will learn French through games, rhymes, songs and stories in a child-friendly, immersion-based environment, taught by Ms. Sabuhi, Primary teacher and native French speaker. The goals of the program are to accustom children to the sounds and rhythm of the French language, introduce basic vocabulary for everyday conversation and motivate the children to communicate in French and explore French culture. Lessons will be tailored to the experience of the group. Instructor: Shazah Sabuhi

*Cost: \$300 per child. (Club fee is waived for up to two clubs if enrolled in after-school program.)*

## TUESDAY

### Art & Nature

*Tuesdays, 3:00-4:00 PM, Lower and Upper Elem (Grades 1-5)*

Nature inspires art. Mrs. Houze combines her love of nature and her artistic talent to teach the techniques of drawing by gathering inspiration from nature. Children will learn drawing techniques, keep a nature sketchbook, and also complete large-scale drawings. Children will also make use of our beautiful school landscape for outdoor real-life drawing opportunities. Instructor: Barbara Houze

*Cost: \$300 per child. (Club fee is waived for up to two clubs if enrolled in after-school program.)*

### Tae Kwon Do

*Tuesdays, 3:00-4:00 PM, Upper Elem (Grades 3-5)*

Ahn's Taekwondo Academy is an authentic Korean World Taekwondo Federation-style school that has been a feature of the Montgomery Shopping Center for over 10 years. Experienced masters and instructors will teach students of all ages respect, confidence, listening skills, discipline, physical fitness, and self-defense. Emphasis is not on competition against other people; rather, students are challenged to improve their own skills at their own pace. Instructor: Ahn's Taekwondo Academy

*Cost: \$300 per child. (Club fee is waived for up to two clubs if enrolled in after-school program.) There is an additional \$25 fee for uniform.*

### Rock Band

*Tuesdays, 4:00-5:00 PM, Middle School (Grades 6-8)*

Students are welcome to bring their musical talents of all kinds to the band, or to try something new. Designed for enthusiastic rock band performers, this program is an opportunity for students to explore the entire process of staging a full rock show: selecting material, creating transcriptions, arranging charts, rehearsing with a band and performing on stage. Instructor: Alex Mitnick

*Cost: \$300 per child. (Club fee is waived for up to two clubs if enrolled in after-school program.)*

## WEDNESDAY

### Science Seeds

*Wednesdays, 3:00-4:00 PM, Primary Third-Level & Lower Elem (K-Grade 2)*

Science Seeds is delighted to bring S.T.E.A.M & Maker Programs to Princeton Montessori School! Founded in 2008, Science Seeds is a science enrichment program that seeks to motivate and engage young minds, encourage out-of-the-box thinking and promote the natural acquisition of a scientific vocabulary. This club runs year-long and is split into three trimesters, consisting of Art & Science (fall), Fun with Physics (winter), and The Big Science Tour (spring). Families may register for one trimester, two, or all three. Instructor: Michal Melamed of Science Seeds, Inc.

*Cost: \$235-285 per student per trimester; costs vary by trimester. All materials are included in the fees. Registration is made directly through the [Science Seeds website](#).*

### Ukulele Club

*Wednesdays, 3:00-4:00 PM, Upper Elem (Grades 3-5)*

In this club students will learn the fundamentals of playing the ukulele, a fun and easy instrument to learn! Playing the ukulele is not only fun, but it helps develop hand and eye coordination and improves fine motor skills. In this club, children will learn how to independently move their fingers, coordinate rhythm, and read ukulele tabs. Instructor: Alex Mitnick

*Cost: \$300 per child. (Club fee is waived for up to two clubs if enrolled in after-school program.) Additional purchase of a ukulele and practice book is required. Details will be provided at the first class.*

# Club Details

## Basketball Club

*Wednesdays, 4:00-5:00 PM, Middle School (Grades 6-8)*

CourtVision offers the best basketball training experience for players of all ages and skill levels. During this club, the fundamental skills and techniques of basketball will be explored including dribbling, shooting, proper positioning and footwork. Game strategies will also be covered. All skill levels are welcome, from beginner to experienced! Instructor: Ben Stirt from Court Vision

*Cost: \$300 per child. (Club fee is waived for up to two clubs if enrolled in after-school program.)*

## THURSDAY

## Chess Club

*Thursdays, 3:00-4:00 PM, Lower Elem (Grade 2) & Upper Elem (Grades 3-5)*

Princeton Chess Academy is the first chess school in the USA that fully adopts the Steps Method system to teach students chess, incorporating Russian chess school material and Chinese training methodology. This club will explore basic rules and etiquette of the game, how to win with grace and lose with dignity, the correlation between chess and math, thinking logic and reasoning methodology as well as chess strategies and planning. More details can be found at <http://www.princetonchessacademy.com>. Instructor: Andy Dong, Princeton Chess Academy

*Cost: \$300 per child. (Club fee is waived for up to two clubs if enrolled in after-school program.)*

## Creative Paper & Art Club

*Thursdays, 3:00-4:00 PM, Upper Elem (Grades 3-5)*

Calling all creative minds! Students will expand their art experience with a variety of creative paper adventures. Students will explore a variety of origami forms, pop-up paper structures, and book-making constructions. Two-dimensional and three-dimensional concepts will be explored and applied. This club will be a fun and imaginative experience for everyone! Instructor: Barbara Houze

*Cost: \$300 per child. (Club fee is waived for up to two clubs if enrolled in after-school program.)*

## Debate Club

*Thursdays, 4:00-5:00 PM, Upper Elem (Grades 5) & Middle School (Grades 6-8)*

Debate is a sport truly worthy of the Olympics – it trains students in analytical, critical, and quick thinking; persuasive speaking, note-taking, speed reading, and in-depth research. Debate not only teaches a person how to win an argument, but promotes essential life skills such as public speaking, confidence, organization, and critical thinking. These are qualities that help children to succeed in high school and beyond. Students will learn the fundamentals of debate. Instructor: Jackson Ganem, co-president of TCNJ Debate Club

*Cost: \$300 per child. (Club fee is waived for up to two clubs if enrolled in after-school program.)*

## BookEnds

*Thursdays, 6:30-8:00 PM (Six monthly gatherings - Sept, Nov, Dec, Mar, Apr, May); Upper Elem (Grades 3-5) with parent*

BookEnds is a Parent/Child reading club which meets monthly. By reading books and discussing them together, parents share a special time with their child while helping to develop a love of reading and important language and literacy skills. BookEnds is recommended for

parents and students who enjoy reading as well as those who need a little incentive. Everyone reads the book selected for the month, either together or separately, and comes to BookEnds ready to participate in a discussion followed by a fun activity. Instructors: Michelle Morrison and Gwen Shangle

*Cost: \$150 per family (includes 6 books per family)*

## FRIDAY

## BOKs™ Morning Fitness

*Friday 7:30-8:15 AM, Lower & Upper Elem (Grades 1-5)*

A sedentary life and poor eating habits can lower students' performance in the classroom and start a cycle of health problems later in life. BOKS, founded by Kathleen Tullie in connection with Reebok, empowers parents, teachers, schools and local volunteers to give children a body and brain boost that will set them up for a day of learning. This morning "brain gym" exercise program has been proven to increase student academic performance. BOKs official site instructor: Ursula Connors

*Cost: \$175 per child. (Club fee is waived if student is enrolled in before-school program.)*

## Sports Club

*Fridays, 3:00-4:00 PM, Upper Elem (Grades 3-5)*

Physical exercise is good for mind, body and spirit, and team sports help promote accountability, dedication, and leadership, among many other traits. This club will span the year with three trimesters, each focused in learning the fundamentals of a sport with time for practice and play. In the fall, Soccer Shots will present the fundamentals of soccer. The winter will be hosted by Court Vision to teach fundamentals of basketball, and the spring will conclude with archery and cricket. Instructors: Soccer Shots and Court Vision. Archery and cricket instructor TBD.

*Cost: \$300 per child. (Club fee is waived for up to two clubs if enrolled in after-school program.)*

## Chinese Language & Culture

*Fridays, 3:00-4:00 PM, Lower and Upper Elem (Grades 1-5)*

Learning another language has multiple benefits for cognitive and social development, as well as cultivating students' interests in a foreign culture and their understanding and acceptance of differences. Beginning foreign language students want to feel, touch, smell, and see the culture and not just hear the language. Chinese culture will be incorporated into the foreign language learning and students will learn through hands-on activities. Instructor: Xiaoxi Zhang

*Cost: \$300 per child. (Club fee is waived for up to two clubs if enrolled in after-school program.)*

## "First Fridays" Social Outings

*Fridays, 4:00-7:00 PM (Monthly gatherings in Oct, Nov, Jan, Feb, Mar, April, May); Middle School (Grades 6-8)*

Have fun on the first Friday of each month with Middle School social club! For each gathering, the students will suggest and vote on a destination. Possible choices may include bowling, corn maze, ice skating, roller skating, movie, laser tag, archery or some other creative destination! Each outing will include transportation to and from school, as well as dinner. Instructor: Chris Scheid

*Cost: \$175 per child*

**REGISTER FOR CLUBS**