



# Clubs & Activities 2019-20

Princeton Montessori School offers many choices for enriching activities in addition to the daily curriculum. Choose from Clubs, Music Lessons, or On-Site Activities. All of these offerings provide an enriching experience for children and are in line with the key tenets of Montessori education. Detailed descriptions of each, as well as cost information, can be found in this flyer.

➔ **After-School Clubs** After-school clubs provide creative, age-appropriate enrichment opportunities for students enrolled in Elementary through Middle School programs. Club choices vary each year and are designed to cater to a wide range of student interests. Most clubs meet weekly from September through May. BookEnds meets six times per year, and Middle School Social Club meets four times during the year.

| AFTER-SCHOOL CLUBS |   |  |  |  |  |
|--------------------|---|--|--|--|--|
|                    | Monday  | Tuesday  | Wednesday  | Thursday   | Friday                                       |
| 3:00-4:00 PM       | Dance & Movement<br><i>Lower Elem; Upper Elem</i>                 | Tae Kwon Do<br><i>Upper Elem</i><br><br>Chinese Culture<br><i>Lower Elem; Upper Elem</i> | STEAM Works®<br>Studio for LE<br><i>Lower Elem</i><br><br>Ukulele<br><i>Upper Elem</i> | STEAM Works®<br>Studio for UE<br><i>Upper Elem</i><br><br>Young Rembrandts®<br>Drawing Club<br><i>Lower Elem; Upper Elem</i> | Sports Club<br><i>Lower Elem; Upper Elem</i> |
| 4:00-5:00 PM       | Culinary Club<br><i>Third-Level Upper Elem;<br/>Middle School</i> | Rock Band<br><i>Middle School</i>  |  |  | MS Social Club<br><i>Middle School</i>       |
| 5:00-6:30 PM       |   |  |  | Bookends<br><i>Upper Elem</i>  |  |

➔ **Music Lessons** *New this year! Lessons for viola, cello, flute, bass, drums and trumpet*

Weekly lessons are offered in piano, Suzuki violin, viola, cello, flute, trumpet, guitar, bass and drums. Lesson length is either 30, 45 or 60 minutes. Violin and piano lessons are offered to students in Primary through Middle School. Guitar, bass, viola, cello, flute, drums and trumpet lessons are offered to students in Upper Elementary and Middle School.

| MUSIC LESSONS  |   |
|--|---|
| <i>Scheduled by program: Primary between 12:00-2:30 PM; Elementary between 2:30-6:00; Middle School between 4:00-6:00 PM</i> |   |
| Piano  | Mon - Fri <i>Primary, Elementary, Middle School</i>   |
| Violin   | Mon, Tue, Wed or Fri (Thu is a required group lesson) <i>Primary, Elementary, Middle School</i> |
| Viola, Cello   | Mon, Tue, Wed or Fri <i>Upper Elem, Middle School</i>   |
| Flute  | Mon - Fri <i>Upper Elem, Middle School</i>  |
| Trumpet  | Mon, Wed or Thu <i>Upper Elem, Middle School</i>  |
| Guitar, Bass, Drums  | Mon, Wed or Thu <i>Upper Elem, Middle School</i>  |

➔ **On-Site Activities** These offerings are hosted by outside organizations and classes are held at Princeton Montessori School.

**Firefly Tennis Program** provides high-quality, personalized tennis experiences for children ages 3-12 that also teach social skills. All classes are 45 minutes long. (Lessons are held indoors.)

|                |  |
|----------------|--|
| Firefly Tennis | Lessons may be scheduled with Firefly between 2:30 - 7:00 PM Tue, Wed, Thu <i>Primary, Elementary, Middle School</i> |
|----------------|--|

# Music Lessons

Research has found that learning music facilitates learning in other subjects and enhances skills that children inevitably use in other areas. Making music involves more than the voice or fingers playing an instrument; a child learning about music has to tap into multiple skill sets, often simultaneously. In addition to a robust music curriculum within each program, Princeton Montessori School offers weekly lessons in piano, Suzuki violin, viola, cello, flute, trumpet, guitar, bass and drums for either 30, 45 or 60-minute sessions throughout the year. Violin and piano lessons are offered to students in Primary through Middle School. Guitar, bass, viola, cello, flute, drums and trumpet lessons are offered to students in Upper Elementary and Middle School.

## Violin Lessons

Violin lessons are offered for students beginning in Primary and continuing through Middle School, using the popular and effective Suzuki method. Dr. Suzuki taught that every child has the innate capacity to become a talented musician in a process analogous to language acquisition. Students are mentored through the Suzuki repertoire in a weekly individual lesson and a group lesson. Parents of Primary and beginner Elementary students are expected to attend the last five minutes of their child's individual violin lesson. Group lessons are required for all violin students and are held weekly on Thursdays. Students will practice starting and stopping together, playing in tempo, and performing solos for each other.

More information will be available during the orientation meeting held on October 17, 2019, for families who are new to the violin program. Suzuki violin lessons are taught by Toyoko Kitade.

## Piano Lessons

Piano lessons are offered to students beginning in Primary and continuing through Middle School. Piano instruction is based on the idea that every child has musical potential and all children can learn to express themselves musically. Piano students begin by learning basic skills and progress to learning scales, music theory, and performance techniques. Lessons are designed around the individual child's readiness and are supplemented when necessary, which provides a learning track of success for each student.

More information will be available during the orientation meeting held on October 16, 2019, for families who are new to the piano program. Piano lessons are taught by Sue Ellen Miller.

## Guitar Lessons

Guitar lessons are offered to students in Upper Elementary through Middle School and focus on the basic building blocks of guitar instruction including proper playing technique, basic chord progressions, familiar beginner melodies and reading music. As students begin to master the basics, there will be an increased emphasis on listening, keeping a steady rhythm, playing with others and learning how to make the guitar a practical instrument for everyday playing. Guitar lessons are taught by Alex Mitnick.

**New this year!**

## Viola, Cello, Flute, Bass, Drums and Trumpet

These lessons are offered to students in Upper Elementary through Middle School and focus on basic instruction, or a refinement of skills already learned. These lessons are taught by our various music instructors. See registration form for more details.

**Scheduling:** Music lessons begin the week of September 9, 2019, and include 30 lessons. Music lessons are only scheduled for regular school days, not Additional Days.

Time and day of lessons are scheduled according to availability. Primary students may begin their lesson from 12:00 onwards (encouraged to take their lesson between 12:00-2:30 PM); Elementary students may begin their lesson from 2:30 onwards; Middle School students may begin their lesson from 4:00 onwards. Schedules will be confirmed in late August.

**Fees:** 30-minute lesson \$1,570; 45-minute lesson \$2,090; 60-minute lesson \$2,350. Violin weekly group lesson \$500 (required). Music fees are billed to your TADs account.

Students who are not enrolled in the after-school program may enroll for the one day in which they need to stay for their lesson. The yearly fee is \$155 for 30 min or less, \$230 for 60 min or less, and \$310 for over 60 minutes. Parents also have the option to enroll siblings in the after-school program on those days where music lessons occur. For siblings, the after-school yearly fee is \$515 per day for each child. You may sign up for after-school sibling care on the music registration form.

[REGISTER FOR MUSIC LESSONS](#)

## On-Site Activities



The lessons below are hosted by an outside organization and classes are held here at Princeton Montessori School. Please reference their website for more information and registration details.

### [Firefly Tennis - Click Here to learn more](#)

Tennis experience for children ages 3-12 enabling children to play to learn, rather than learning to play. All equipment is child-sized and provided. Small-group lessons are offered after school and are held in one of our two spacious gyms. Private or semi-private lessons are also available.

# Club Details

Clubs provide creative, age-appropriate enrichment opportunities for students enrolled in Elementary through Middle School. Each club is taught within the framework of Montessori philosophy and designed to offer an engaging experience and provide opportunities for growth outside the classroom.

Clubs begin the week of September 16, 2019 and run through the week of May 11, 2020. There are no clubs on days where school is closed, or on Additional Days. Note that the age range varies for each club and is noted in the descriptions below.

Weekly participation is expected for the entire session and students are excused for illness only. The club instructors request that parents schedule all appointments and activities after the club time or on another day of the week. Students enrolled in the after-school program will join the after-school program following their club activity.

A minimum enrollment of five students is required by the enrollment deadline to run the club. Clubs will close once the maximum number of students for each club is reached.

**Fees:** Clubs cost \$300 per child except where noted (\*). Families enrolled in the after-school program have the club fees waived for participation in up to two clubs per week. Parents may enroll siblings who are not in a club in the after-school program until 4:00 PM on club days. For siblings, the after-school yearly fee is \$515 per club day for each child. You may sign up for sibling care on the club registration form. The club fees will be billed to your family's TADs account. Club fees are non-refundable.

## MONDAY

### Dance and Movement

*Mondays, 3:00-4:00 PM, Lower and Upper Elem (Grades 1-5)*

This club will allow students to explore expression through movement. Students will stretch, decipher musicality, discover basic and complex rhythms, as well as learn the fundamentals of techniques and styles such as ballet, jazz, modern, hip hop, folk and other social dances. Opportunities for further exploration will be provided through the use of improvisational exercises and chances for the students to choreograph their own dances. The instructor will guide and encourage each student to build confidence, full body coordination, and a basic vocabulary of the different dance styles. This club is an excellent outlet for creativity and a fun way to overcome having "two left feet"!



*Instructors provided by [BalletCNJ](#)*

### Culinary Club

*Mondays, 4:00-5:00 PM, Upper Elem (Grade 5) and Middle School (Grades 6-8)*

The Culinary Club will inspire students to socialize and be creative while learning how to prepare a variety of foods, utilizing safe cooking methods, and eating the results. The club will reinforce independent learning of life skills by empowering students to take on the responsibilities in the kitchen. Through active participation, students will develop confidence through mutual encouragement to learn the basics of cooking and preparing delicious culinary dishes that they can enjoy!

*Instructor: Teresa Hartmann, PMonts Primary Teacher*

## TUESDAY

### Tae Kwon Do

*Tuesdays, 3:00-4:00 PM, Upper Elem (Grades 3-5)*

Ahn's Taekwondo Academy is an authentic Korean World Taekwondo Federation-style school that has been teaching in the area for over 10 years. The Academy will offer this after-school club where experienced masters and instructors will teach students respect, confidence, listening skills, discipline, physical fitness, and self-defense. Emphasis is not on competition against other people; rather, students are challenged to improve their skills at their own pace.

*\*Cost: In addition to the club fee, there is an additional \$25 fee for uniform. (Uniform fee waived if your child already has a uniform from last year's club).*

*Instructors provided by [Ahn's Taekwondo Academy](#)*



### Chinese Language & Culture

*Tuesdays, 3:00-4:00 PM, Lower and Upper Elem (Grades 1-5)*

Learning another language has multiple benefits for cognitive and social development, as well as cultivating students' interests in a foreign culture and their understanding and acceptance of differences. Beginning foreign language students want to feel, touch, smell, and see the culture and not just hear the language. Chinese culture will be incorporated into the foreign language learning and students will learn through hands-on activities.

*Instructor: Xiaoxi Zhang, PMonts Primary Teacher*

### Rock Band

*Tuesdays, 4:00-5:00 PM, Middle School (Grades 6-8)*

Students are welcome to bring their musical talents of all kinds to the band, or to try something new. Designed for enthusiastic rock band performers, this program is an opportunity for students to explore the entire process of staging a full rock show: selecting material, creating transcriptions, arranging charts, rehearsing with a band and performing on stage.

*Instructor: Alex Mitnick, PMonts Music Teacher*

**REGISTER FOR CLUBS**

# Club Details

## WEDNESDAY

### Lower Elementary STEAM Works Studio

Wednesdays, 3:00-4:00 PM, Lower Elem (Grades 1-2)

Science, Technology, Engineering, Art, and Math make S.T.E.A.M.! Spark your child's creativity and bolster a deep interest in science, math and the arts through hands-on practical learning by "making" things. This interdisciplinary club is sure to excite and inspire students to make, create, and innovate. Students will learn to build and program robots, code their own animations and games, understand circuits through electronic arts and crafts, and much more. All in a fun and age-appropriate manner.

Instructors provided by [STEAM Works Studio](#)



### Ukulele Club

Wednesdays, 3:00-4:00 PM, Upper Elem (Grades 3-5)

In this fun and musical club, students will learn the fundamentals of playing the ukulele, a fun and easy instrument to learn! Playing the ukulele is not only fun, but it helps develop hand and eye coordination and improves fine motor skills. In this club, children will learn how to independently move their fingers, coordinate rhythm, and read ukulele tabs.

\*Cost: In addition to the club fee, parents will be required to purchase a ukulele and book for home practice; approximate cost \$75. Details will be provided at the first class.

Instructor: Alex Mitnick, PMonts Music Teacher

## THURSDAY

### Upper Elementary STEAM Works Studio

Thursdays, 3:00-4:00 PM, Upper Elem (Grades 3-5)

Science, Technology, Engineering, Art, and Math make S.T.E.A.M.! Spark your child's creativity and bolster a deep interest in science, math and the arts through hands-on practical learning by "making" things. This interdisciplinary club is sure to excite and inspire students to make, create, and innovate! Students will build and program robots that can follow lines, detect movement, and shoot balls! They will learn all about circuitry, electronics, magnetism, motors, and even try their hand at soldering.

Instructors provided by [STEAM Works Studio](#)



### Young Rembrandts Drawing Club

Thursdays, 3:00-4:00 PM, Lower and Upper Elem (Grades 1-5)

Learn to draw and create cartoons! This club will be incredibly fun while learning the fundamentals of drawing and cartooning. The step-by-step method used by Young Rembrandts teaches children to break complex objects into foundational shapes, which in turn works on building both sides of the brain. This art and drawing class offers child-friendly and relevant subject



matter to spark interest and increase knowledge retention. Over the year, the students will be exposed to a wide variety of subject matter, artistic concepts, art history and mastery of their material.

Instructors provided by [Young Rembrandts](#)

### BookEnds

Thursdays, 5:00-6:30 PM

(Six monthly gatherings - Oct 3, Nov 14, Feb 6, Mar 19, Apr 16, May 14); Upper Elem (Grades 3-5). Students attend with a parent.

BookEnds is a Parent/Child reading club which meets monthly. By reading books and discussing them together, parents share a special time with their child while helping to develop a love of reading and important language and literacy skills. BookEnds is recommended for parents and students who enjoy reading as well as those who need a little incentive. Everyone reads the book selected for the month, either together or separately, and comes to BookEnds ready to participate in a discussion followed by a fun activity and a light dinner.

\*Cost: \$200 per family (includes 6 books per family, and light dinner for each session)

Instructors: Elem/MS Faculty and Head of School

## FRIDAY

### Sports Club

Fridays, 3:00-4:00 PM, Lower and Upper Elem (Grades 1-5)

Join TGA PREMIER SPORTS for a fun-filled sports sampler! Each week, students will get exposure to and experience with a different sport including but not limited to: lacrosse, flag football, golf, ultimate frisbee, floor hockey and volleyball—one sport per week—using their time-tested joy-filled teaching style. Students will learn each sport's essentials, while enjoying individual and group-based activities. TGA's high-energy nurturing environment is sure to keep those young bodies moving, while encouraging sportsmanship and strategic thinking. All equipment is provided.



Instructors provided by [TGA Premier Sports](#)

### Middle School Social Club

Fridays, 4:00-7:00 PM (Four monthly gatherings: Oct 11, Dec 6, Feb 28, May 1); Middle School (Grades 6-8)

Have fun with Middle School Social Club! For each gathering, the students will suggest and vote on a destination. Possible choices may include bowling, corn maze, ice skating, escape room, movie, laser tag, archery or some other creative destinations! Each outing will include transportation to and from school, as well as dinner.

\*Cost: \$150 per child

Instructor: Kate Garzon, PMonts Teacher

[REGISTER FOR CLUBS](#)