



# Princeton Montessori School



*Nurturing Potential. Igniting Passion.*

## Farm to School Program



### Overview

The Farm to School program is an experiential learning opportunity for children in Toddler through Middle School. Our students gain knowledge about food sourcing and farming, current global issues about our food system relative to nutrition, cost, and availability; and advocacy skills in ensuring access to nutritious, locally-sourced food. Through hands-on experiences working on a farm, in-school lab experiences related to farming and food and relationships with local farmers, students use their critical and creative thinking skills to collaborate on solutions-based concepts to address challenges in the global food system. An emphasis on ensuring healthy foods, healthy bodies, and a healthy planet is central to our work with students, farmers, staff and parents. As a result, program participants gain awareness of healthier food choices, expand their knowledge and network of local farmers, and become stewards of their local environment.



### What is the approach to learning for this program?

- Hands-on workshops at the farm and in the classroom are a result of collaboration between Princeton Montessori staff, local partner farmers and the Parent Association.
- Individual and classroom assignments help students understand the root cause of the challenges in our food system.
- Our students develop creative and critical thinking skills to problem-solve the deep-rooted issues in our global food system, agriculture, health and consumer products.
- Real world skills are learned about how to be a consumer, a mindful citizen and a steward of our environment.
- In addition to Princeton Montessori materials and curriculum, we also leverage resources available from the US Dept of Agriculture.

