

Books by Eileen Kennedy-Moore, PhD

www.EileenKennedyMoore.com



Growing Friendships:

A Kids' Guide to Making & Keeping Friends

A funny and useful guide to help children navigate the social world. Filled with cartoons and research-based tips.

"The secret playbook you'll wish you'd had when you were growing up."

— Diane Debrovner, executive editor, *Parents* magazine

Smart Parenting for Smart Kids:

Nurturing Your Child's True Potential

Practical parenting tips for helping bright children develop the social and emotional skills they need to become capable, confident, and caring people. Chapters include: Tempering Perfectionism; Building Connection; Finding Joy.

"A literal Godsend. Parents will find great wisdom in its pages."

— Stephen R. Covey, author, *The 7 Habits of Highly Effective People*

The Unwritten Rules of Friendship:

Simple Strategies to Help Your Child Make Friends

Describes the friendship strengths and struggles of typical children, such as The Shy Child, The Little Adult, and The Short-Fused Child. Explains how parents & teachers can help.

"Colorfully written and practical."

— *Library Journal*

What's My Child Thinking?

Practical Psychology for Modern Parents

Covers common parenting dilemmas with children ages 2-7.

Kid Confidence:

Help Your Child Make Friends, Build Resilience, and Develop Real Self-Esteem

Help children break free of harsh self-focus through connecting with something bigger than themselves. Addresses challenges such as: feeling friendless, giving up easily, overreacting to criticism, or being different.

"This one is a game changer."

— Dawn Huebner, PhD, author, *Outsmarting Worry*

Raising Emotionally and Socially Healthy Kids

Audio/video series from The Great Courses

Twelve half-hour lectures about feelings and friendships, from the toddler to the teen years. Topics include: Playing Well With Others; How Kids Manage Anxiety and Anger; Growing Up Social in the Digital Age.

70% off at www.TheGreatCourses.com/Kids

"Dr. Kennedy-Moore's insight and genuine compassion for children and parents shine through her wise advice."

— Michele Borba, EdD, author, *Unselfie*

What About Me?

12 Ways To Get Your Parents' Attention (Without Hitting Your Sister)

A gentle remedy for sibling rivalry.

"Shows kind, helpful, and creative ways children can ask for the attention they need."

— William & Martha Sears, authors, *The Discipline Book*